



Remember to eat
your fruits
& vegetables

30

MONDAY

2

THURSDAY

Classic Cafe Oven Roasted Chicken, Baked Potato Halves, French Bread

Diner Station Spicy Chicken Patty on Bun, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza

Grab and Go Ham & Cheese Pinwheel

31

TUESDAY

3

FRIDAY

Classic Cafe Popcorn Chicken Bowl

Diner Station Corn Dog, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Sausage Pizza

Grab and Go Chicken Caesar Wrap

1

WEDNESDAY

Classic Cafe General Tso's Chicken, Brown Rice, Fortune Cookie

Diner Station Hamburger on a Bun, Golden French Fries

Pizza Parlor Cheese Pizza, Chicken Alfredo Pizza, Pepperoni Pizza

Grab and Go Ham Deli Sub Sandwich

EXTRA INFO

Harvest of the Month 



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

For questions or comments, contact the Food Service Director at: riibem@roschools.org, or call 712.621.0042

Menus are subject to change without notice. This institution is an equal opportunity provider.





Red Oak Community School High School

November 2017

6
MONDAY

- Diner Station** Crispy Chicken Tenders, Golden French Fries
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Cheeseburger Pizza
- Grab and Go** Turkey Deli Sub Sandwich

7
TUESDAY

- Classic Cafe** Taco Bar
- Diner Station** Cheeseburger, Golden French Fries
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Grab and Go** Double Decker PB & J Sandwich

8
WEDNESDAY

- Classic Cafe** Pizza Bake, Garlic Breadstick, Leafy Green Salad
- Diner Station** Mini Corn Dogs, Golden French Fries
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Sausage Pizza
- Grab and Go** Ham Deli Sandwich

9
THURSDAY

- Classic Cafe** Cider Roast Pork, Scalloped Potatoes, Soft Pan Roll
- Diner Station** Chicken Patty Sandwich, Golden French Fries
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza
- Grab and Go** Turkey BLT Wrap

10
FRIDAY

- Classic Cafe** Popcorn Chicken Bowl
- Diner Station** BBQ Rib Sandwich, Golden French Fries
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Chicken Bacon Ranch Pizza
- Grab and Go** Honey Mustard Ham Wrap

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MONDAY

Classic Cafe Pasta Bar

Diner Station Hot Dog on a Bun, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza

Grab and Go Crispy Chicken Wrap

16

THURSDAY

Classic Cafe Lunch Brunch Sandwich, Tator Tots

Diner Station Spicy Chicken Patty on Bun, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Cheeseburger Pizza

Grab and Go Ham & Cheese Pinwheel

14

TUESDAY

Classic Cafe Taco Bar

Diner Station Crispy Chicken Nuggets, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

Grab and Go Turkey Ranch Wrap

17

FRIDAY

Classic Cafe Thanksgiving Turkey and Gravy, Mashed Potatoes, Cranberries, Bread Stuffing, Soft Pan Roll, Harves

Diner Station Corn Dog, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza

Grab and Go Chicken Caesar Wrap

15

WEDNESDAY

Classic Cafe BBQ Pulled Pork Sandwich, Coleslaw

Diner Station Hamburger on a Bun, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza

Grab and Go Ham Deli Sandwich

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20

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Classic Cafe Pancakes

Diner Station Crispy Chicken Tenders,
Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni
Pizza, Sausage Pizza

Grab and Go Ham Deli Sandwich

23

THURSDAY

21

TUESDAY

Classic Cafe Taco Bar

Diner Station Cheeseburger, Golden French
Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza,
Chicken Alfredo Pizza

Grab and Go Chicken Caesar Wrap

24

FRIDAY

22

WEDNESDAY

Classic Cafe Philly Flatbread, Calico Bean Bake,
Birthday Cake

Diner Station Mini Corn Dogs, Golden
French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza,
Hawaiian Pizza

Grab and Go Ham Deli Sandwich

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MONDAY

Classic Cafe Pasta Bar

Diner Station Hot Dog on a Bun, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

Grab and Go Double Decker PB & J Sandwich

30

THURSDAY

Classic Cafe Beefy Nachos with Cheese, Refried Beans

Diner Station Spicy Chicken Patty on Bun, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza

Grab and Go Ham & Cheese Pinwheel

28

TUESDAY

Classic Cafe Taco Bar

Diner Station Crispy Chicken Nuggets, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza

Grab and Go Turkey Ranch Wrap

1

FRIDAY

29

WEDNESDAY

Classic Cafe Pulled Pork Sliders, Baked Beans, Coleslaw, Homemade Brownie

Diner Station Hamburger on a Bun, Golden French Fries

Pizza Parlor Cheese Pizza, Pepperoni Pizza, Cheeseburger Pizza

Grab and Go Ham Deli Sandwich

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